



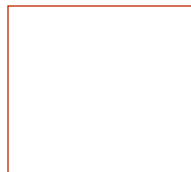
Wilderness Reflections

Wilderness Journeys for
Personal Growth and Self-Discovery

When people walk alone into
nature with their true longing...
Something timeless and essential
emerges, something life giving.
They return to their lives and
communities with courage,
wisdom and inspiration.



Wilderness Reflections
P.O. Box 177
Woodacre, CA 94973

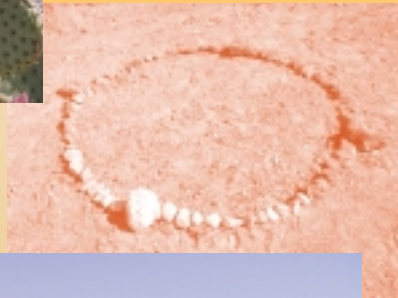


415-488-1917



*At Wilderness Reflections
we provide opportunities
for people to turn to
nature:*

- To mark transitions in their lives
- To find support and inspiration to help meet life's challenges
- To reconnect with their natural sense of joy and wonder



Wilderness Quest

Youth Quest

DayQuest

Couples Quest

Listening from the Belly

Innovations

Staff

Community



Graphic Design by Dolphin Press

*"I am struck by how each of us always seems to get exactly what we
need when we quest. Everyone is touched, opened and deepened by the
real experience of nature."*

— John K., 49, Entrepreneur

"A touchstone that I can return to and build upon, anytime, anywhere."

— Brenda R., 52



*A reverence for life is a reverence for wildness —
a reverence for life beyond your control.*

— Doug Peacock, Author, *The Grizzly Years*



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